

Target Games

- BALL AND CONE GAME

2 teams

2-3 large soft balls

Disc Cones - 1 for each player

Tennis Balls - 1 for each player

Divide into 2 teams. Each player needs their own cone and tennis ball. Set the cones up at opposite ends of the playing space, so that each team's cones are in a straight line but have enough space between them for each player to defend their own cone. Place the tennis ball on top of the cone. The aim of the game is for the opposing players to knock off each others tennis balls from the cones. When a player's tennis ball falls off their own cone they are out - they pick up their cone and ball and go sit down. The game starts by the leader handing the large soft balls to the teams, they then continue to throw the balls until all of the opposing team's tennis balls are knocked off. The game finishes when there is one player remaining or you can set a time limit and it's then the team with the most players.

- COCONUTS

Cones

4-6 Large balls

2 teams

Place several cones in space with each team lining up behind a line on opposite sides of the cones. Pupils roll the balls from behind the line towards the cones, if they hit a cone they then go and collect it and bring it back to their team. Pupils continue rolling the balls back and forth until there are no cones left. The team with the most cones is the winning team.



- COLOUR MATCH

4 Cones of different colours and same coloured bean bags

Cones are set up in the middle of a circle; children aim to hit the cones with the same coloured bean bag. Five points are scored if they hit the same coloured cone and two points if they hit another cone. The children have four attempts to see how many points they can get.

- STUMPS

Target (big cone or wickets)

1-2 Large balls

The children make a circle with 1 player in the middle guarding the wicket. The centre player can use their hands or feet to stop the ball from hitting the wicket. Any player who hits the wicket changes places with player in the middle of the circle. The game can be played with 5-6 children and an extra ball can be added.

- TARGET BULL'S EYE

Spots

Hoops of different sizes or a target

Bean bags

Make a bull's eye using the hoops and spot and mark out a starting line away from the target. Each child has 5 throws at the target, scoring 1 point for hitting the space inside the large hoop, 2 points for the space in the smaller hoop and 3 points for hitting the spot. The points are added up after 5 throws and pupils try to beat their last score.



- HOOP BALL/ CONE BALL

2 Hoops or big cones
Basketball, soft ball
Cones to mark the area

Two teams of 5-6 players must bounce the ball into a hoop or touch the cones with the ball to score a point. The ball is given to the opposite team after a point is scored. They can pass the ball between each other but can not move with the ball. If using a basketball you could introduce dribbling with the ball. Cones can also be used to mark out a zone around the cone or hoop that no one can go into.

- CONTINUOUS CRICKET

Stumps or large cone
Bat
Tennis ball or soft ball
2 Cones

Each team bats for a set period of time (eg. eight minutes). The bowler bowls underarm. Each bowler has six deliveries before being replaced. The batter has to run whether or not the ball is hit and may run more than once. The batter has to run around a cone (one on each side of the stumps). Fielders throw the ball underarm back to the bowler, as quickly as possible, who bowls when ready. The batter is out when the stumps or cone is hit or they are caught and the next batter moves in quickly to take their place. A batter who is not out after facing six balls must change with the next batter. The team with most runs wins.

