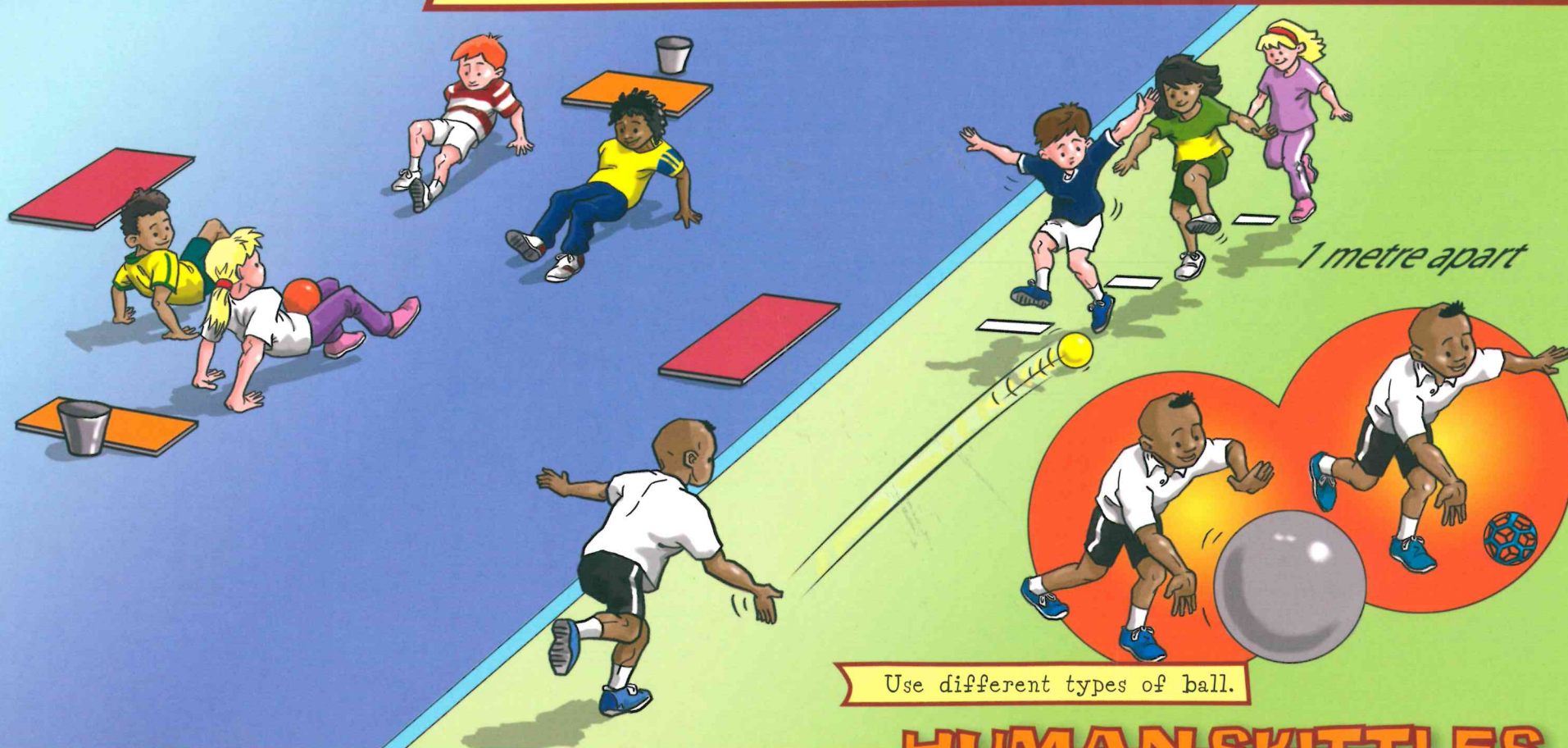


### CRAB AND BASKET

- Arrange the playing area as shown with two baskets and two mats.
- Make the crab position with hands pointing forwards.
- Ball can be carried anywhere on the body.
- Get ball into basket and score 5 points.
- Get ball onto a mat and score 2 points.
- When points are scored, the opposition start with the ball.



Use different types of ball.

### HUMAN SKITTLES

- Assemble in groups of four with everyone standing on one leg.
- One person rolls a sponge ball and the others jump to avoid it.



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