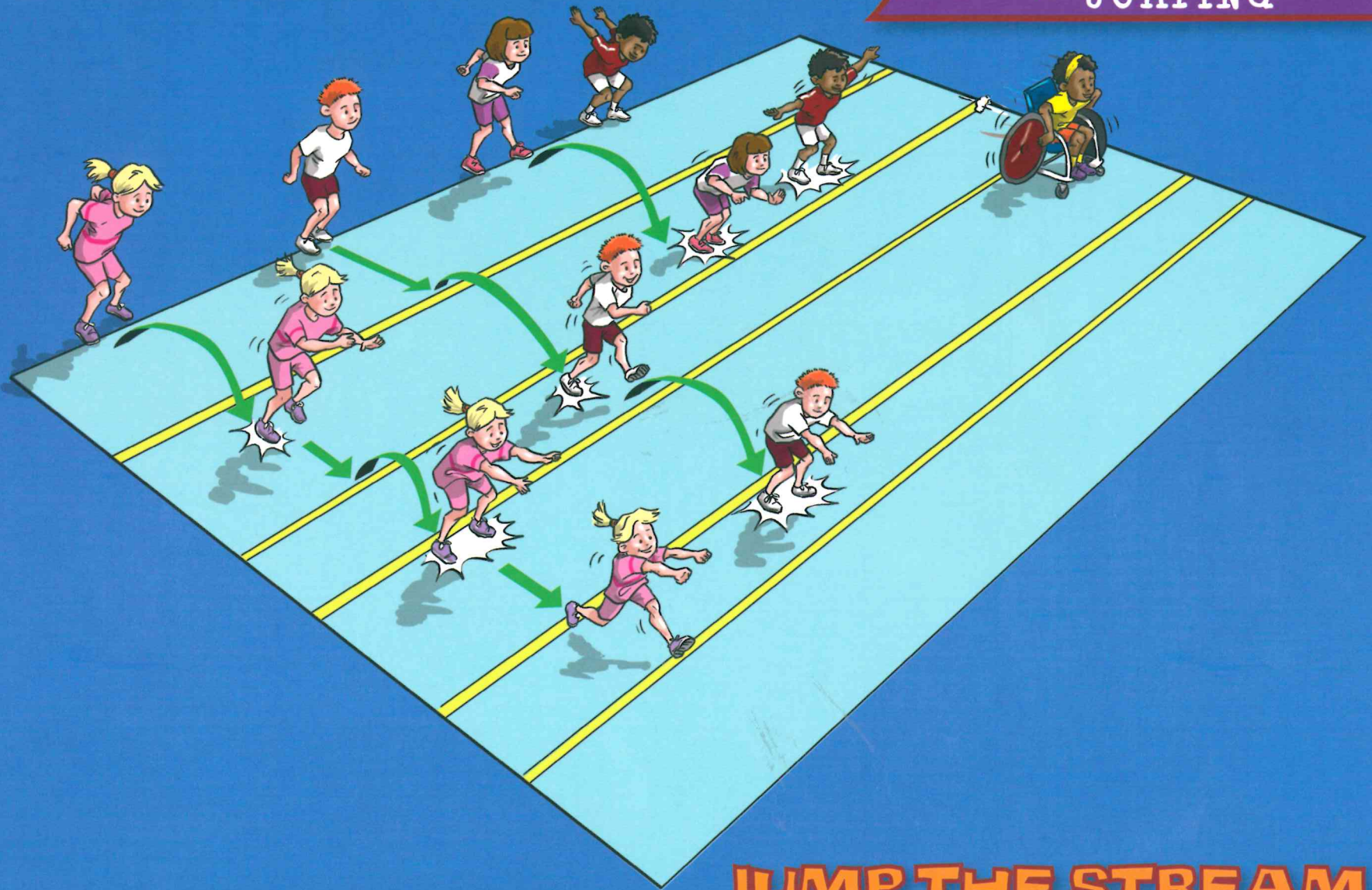


MULTI-SKILL CLUB

CO-ORDINATION 2
MOVING ON MY OWN
- JUMPING



JUMP THE STREAM

- Place two ropes or lines across the playing area to make the stream.
- Make stepping stones with mats/chalked or taped squares/markers.
- Children try to jump across.
- Width of stream can vary from narrow to wide.



YOUTH SPORT TRUST



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THE NATIONAL PE, SCHOOL SPORT AND CLUB LINKS STRATEGY